

**Andrea Young: Proposed contract like a slap in the face**  
**January 30, 2010**

I am a special care aide with the Regina Qu'Appelle Health Region. I am really ticked-off at how SAHO and the government are treating us.

Does Premier Wall know what it is like to care for people with dementia, people that have MS, cerebral palsy, brain injuries, mental challenges? These are all different types of people who need daily care.

Could you imagine requiring daily care and not having anyone to help you get up in the morning? Or going into the hospital and having no gowns or clean bed sheets for patients? Or catching a communicable disease from a room that has not been cleaned? Well that's where we come in . . . We do all the interaction with the patients and remember patients come first, or at least I thought that's the way it was.

*Everyone* is equally important in the health region. What would you do if you had surgery and there was no one to help you recover? I really hope you think about the answers to my questions because we are being treated unfairly. I love my job but this contract is like a slap in the face!

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